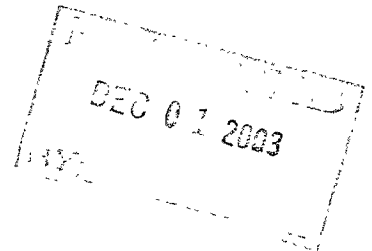


Source Naturals®
23 Janis Way
Scotts Valley, CA 95066

November 10, 2003

Office of Special Nutritionals (HFS-450)
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C St. SW., Washington, D.C. 20204



RE: Notification of Nutritional Support Statements


To whom it may concern:

I hereby notify the Food and Drug Administration (FDA) of the use of statements of nutritional support in the labeling of Codonopsis, a dietary supplement. Source Naturals® is the manufacturer of Codonopsis.

Statements being made in the labeling of Codonopsis

- 1) Codonopsis is one of the most highly regarded herbal tonifiers of Chinese herbalism and has properties similar to ginseng.
- 2) Research suggests that codonopsis promotes energy and endurance as well as supports immune resistance.

To the best of my knowledge and belief, and based upon information available at the time of the execution of this notice, I certify that the above information is accurate and complete. Source Naturals® possesses substantiation that the statements are truthful and not misleading.


Ira L. Goldberg
President, Source Naturals®

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